

Harmony Blandonnet

(Route de Pré-Bois 6, 1214 Vernier)

Lu au Je 06h30-20h30, Ve 06h30-19h00, Sa et Di 09h00-13h00

T : +41 22 341 42 43- www.harmony.ch

	lundi	mardi	mercredi	jeudi	vendredi	samedi	dimanche
Matin		07h00 LESMILLS BODYPUMP™					
			08h00 LESMILLS BODYBALANCE™				
Midi	12h00 (45') BOOTCAMP	12h00 (45') LESMILLS CXWORX™	12h00 (45')* INDOR CYCLING	12h00 (45') LESMILLS BODYPUMP™	12h00 (45') LESMILLS CXWORX™	Cours collectifs Blandonnet	
	12h45 (45') BODY SCULPT	12h45 (45') LESMILLS BODYBALANCE™	12h45 (45')* LESMILLS CXWORX™	12h45 (45')* INDOR CYCLING	12h45 (45') ZUMBA		
Soir	18h00 CAF	18h00 LESMILLS BODYPUMP™	18h00* LESMILLS RPM™	18h00 LESMILLS BODYPUMP™	17h30 CAF		
	19h00* LESMILLS RPM™	19h00 ZUMBA	19h00 LESMILLS BODYCOMBAT™	19h00 LESMILLS BODYBALANCE™			